

# Your January Snoozeletter 😌

Welcome to the Aeroflow Sleep *Snooze*letter where we share important updates, sleep apnea tips & tricks, and more.

### **Our News**



# Welcome, Dr. Christopher Allen

Dr. Christopher Allen (aka: Sleep Dr. Chris) joins our team of Medical Reviewers, shedding light on the tough topics; such as which CPAP mask is best for a deviated septum.

Read more →



## Celebrating 2023

As we celebrate another year of Aeroflow Sleep, we invite you to check out this infographic of achievements made possible by you. Thank you!

**Learn More** →

### In The Know With Aeroflow

With 2024 comes a new era of Aeroflow; new branding, new experiences, a new website and podcast. Even how we've distributed this newsletter is new! Be a part of this exciting time and, if you're not already an Aeroflow Sleep patient, see if you qualify for CPAP supplies through insurance. It only takes 5-7 minutes to know you're covered up to 100%.

Check Your Eligibility →

# **From The Blog**



#### **New CPAP Habits**

Emma Cooksey, our Patient Advocacy Expert and real-life sleep apnea patient, shares her tips for forming new CPAP habits in the new year.

Read More →

#### Best Machines of 2024

If you've had your PAP device since 2019 or earlier, it's probably time for an upgrade. We break down the best (and worst) machines on the market in 2024.

Read more →





### In The Press

In a recent *Sleepopolis* article, Dr. Monique May talks about asthma symptoms that only occur at nighttime. Plus, their relationship to OSA.

Click Here →



### **Now Showing**

The latest episode of "Weiss Words" reveals differences in sleep apnea (and CPAP) for men and women. You can find the Season 2 finale on our YouTube channel.

Watch Video →



### Careers

Would you like to help patients find their purpose? Aeroflow Sleep has open career opportunities in Boston, San Antonio, Richmond, Miami, and more.

Apply Now →







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